



Seventy9
Sports Therapy

COVID-19
STANDARD OPERATING PROCEDURES
JULY 2020

Prior to Appointment

- The patient must have completed and returned COVID-19 Consent Form
- The patient must have completed and returned Patient Details & Initial Consultation document
- The patient will be informed of the clinic's policy on mandatory face coverings for all visitors (including guardians and minors)
- The patient will be provided education regarding appropriate and safe donning and doffing of face coverings
- All patients, guardians and visitors to the clinic will don their face covering before entering the building

On Entering the Building

- Before entering the building, the patient, guardian or visitor will be verbally screened for COVID-19 using the same questionnaire as the COVID-19 Consent Form, the satisfactory completion of and outcome measure required will be noted in the patient's notes for that appointment
- All patients, guardians and visitors will be required to wash their hands thoroughly in accordance to WHO guidelines immediately on arrival in either the ground floor or first floor toilets
- Should the patient, guardian or visitor require a non-surgical disposable face mask, they will be provided with one after washing their hands (there will be a £1 charge for these face masks)
- The replenishment of the soap and disposable hand towels found in the toilets is managed by the building owner, Brookhouse Investments Ltd.
- Anti-bacterial hand gel will be provided by seventy9 Sports Therapy inside the clinic room should any of the therapist, patient, guardian or visitor require it
- The therapist must have donned PPE (nitrile gloves, disposable apron, type IIR fluid resistant surgical mask) prior to meeting the patient, guardian or visitor at the front door to the building in order to complete the verbal COVID-19 screen

During the Appointment

- The windows to the room will be open throughout the appointment to ventilate the room. No fans will be allowed.
- Physical distancing (>2 metres) will be maintained by patient and therapist wherever it is not required for them to breach this guideline (i.e. during assessment and treatment, as well as certain rehab scenarios)
- The therapist will additionally don a clear visor only during circumstances where the 2 metre physical distancing guidelines cannot be maintained (i.e. during assessment and treatment, as well as certain rehab scenarios)
- The therapist must continue to wear appropriate PPE until the patient (and guardian, visitor) has left the clinic room, after which they should doff their PPE in accordance to WHO guidelines
- All patients, guardians and visitors must continue to wear their face covering until they have left the building, after which they must dispose of/store appropriately in accordance to WHO guidelines. It is advisable for all patients, guardians and visitors to bring their own supply of anti-

bacterial hand gel to this end, though there will be a supply available in the clinic for their use, as well as the toilets on the ground and first floors of the building

On Completion of the Appointment

- The appointment will be paid for using card only, and contactless where possible (to a maximum limit of £45, except for Apple Pay, Google Pay and Samsung Pay which do not fall under the same maximum payment controls)
- All patients, guardians and visitors must continue to wear their face covering until they have left the building, after which they must dispose of/store appropriately in accordance to WHO guidelines. It is advisable for all patients, guardians and visitors to bring their own supply of anti-bacterial hand gel to this end, though there will be a supply available in the clinic for their use, as well as the toilets on the ground and first floors of the building
- The therapist must continue to wear appropriate PPE until the patient (and guardian, visitor) has left the clinic room, after which they should doff their PPE in accordance to WHO guidelines and dispose of in marked PPE bin
- PPE will be stored on site in separate daily bags, clearly labelled, and disposed of as general waste after 72 hours
- Post doffing PPE and washing their hands, the therapist will clean and disinfect all surfaces within the room, including both door handles
- The paper towel used on the massage couch, as well as any paper towels used during the cleaning procedures, will be disposed of in the marked PPE bin
- The door will be opened between appointments to further ventilate the room
- All appointments will be separated by 15 minutes, during which cleaning and ventilation will take place

On Completion of a Shift

- Therapist will change into a change of clothes and store clothes worn whilst on shift in a sealable bag
- On arrival home, the therapist will immediately wash those items of clothing, as well as the reusable mask worn during entrance and exit of the building

Cleaning Procedure

- Prior to Shift Start
 - Anti-bacterial cleaner to be used on all surfaces and common touch points (door handles, light switch, etc)
 - Wipe down using clean paper towel
 - Dispose of paper towel in the marked general waste bin
- On Completion of a Shift
 - Anti-bacterial cleaner to be used on all surfaces and common touch points (door handles, light switch, etc)

- Wipe down using clean paper towel
- Dispose of paper towel in the marked PPE bin

Between Patients

- Massage Couch

- Anti-bacterial cleaner to be used on all surfaces with particular attention to the face hole and surfaces underneath
- Wipe down using clean paper towel
- Dettol disinfectant spray to be sprayed on/around face hole and all structures underneath the hole
- Dispose of paper towel in the marked PPE bin

- Desk

- Anti-bacterial cleaner to be used on all surfaces
- Wipe down using clean paper towel
- Dispose of paper towel in the marked PPE bin

- Computer and iZettle Card Payment Machine

- Anti-bacterial screen cleaner to be used
- Wipe down using clean paper towel
- Dispose of paper towel in the marked PPE bin

- Common Touch Points (e.g. door handles, light switch)

- Anti-bacterial cleaner to be used on all surfaces
- Wipe down using clean paper towel
- Dispose of paper towel in the marked PPE bin

- Reusable Visor

- Anti-bacterial cleaner to be used on both the front and back of the visor
- Wipe down using clean paper towel
- Dispose of paper towel in the marked PPE bin